

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

2

3

4

5

6

7

4:30 PM—CIRCUIT STRENGTH
6:30 PM—YOGA

4:30 PM—CIRCUIT STRENGTH
5:30 PM—YOGA

9

10

11

12

13

14

4:30 PM—CIRCUIT STRENGTH
6:30 PM—YOGA

4:30 PM—CIRCUIT STRENGTH
5:30 PM—YOGA

16

17

18

19

20

21

6:30 PM—YOGA

HAPPY
ST. PATRICK'S
DAY

5:30 PM—YOGA

23

24

25

26

27

4:30 PM—CIRCUIT STRENGTH
6:30 PM—YOGA

4:30 PM—CIRCUIT STRENGTH
5:30 PM—YOGA

9-10:30 AM
MARCH
MADNESS
wash-up

30

31

4:30 PM—CIRCUIT STRENGTH
6:30 PM—YOGA



To sign up for classes, view On Demand Classes, and view the monthly live stream password log in to your online portal at: fchcfitness.antaris.us OR contact the front desk.

UNLIMITED FITNESS CLASSES & GYM ACCESS
ONLY \$45 A MONTH! OR **10 CLASSES FOR \$60**

ARCHBOLD
RUIHLEY PARK PAVILLION

MARCH

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

2

3

4

5

6

7

11:30 AM—SS CLASSIC®

11:30 AM—SS CLASSIC®

9

10

11

12

13

14

11:30 AM—SS CLASSIC®

11:30 AM—SS CLASSIC®

16

17

18

19

20

21

11:30 AM—SS CLASSIC®

HAPPY
ST. PATRICK'S
DAY

11:30 AM—SS CLASSIC®

23

24

25

26

27

11:30 AM—SS CLASSIC®

11:30 AM—SS CLASSIC®

9-10:30AM
**MARCH
MADNESS**
mash-up

30

31

11:30 AM—SS CLASSIC®



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SWANTON

TRINITY UNITED METHODIST CHURCH

MARCH