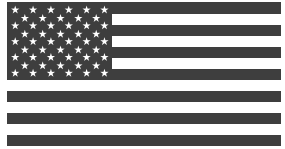
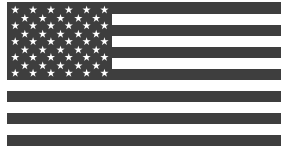


MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To sign up for classes, view On Demand Classes, and view the monthly Ring Central password log in to your online portal at: fchcfitness.antis.us OR contact the front desk.		UNLIMITED FITNESS CLASSES AND GYM ACCESS ONLY \$42 A MONTH! <i>OR</i> 10 CLASSES FOR \$50	1 10:00 AM—SS CLASSIC®	2	3
5	6 10:00 AM—SS CLASSIC®	7	8 10:00 AM—SS CLASSIC®	9	10
12	13 10:00 AM—SS CLASSIC®	14	15 10:00 AM—SS CLASSIC®	16	17
19	20 10:00 AM—SS CLASSIC®	21	22 10:00 AM—SS CLASSIC®	23	24
26  Memorial Day *** HONORING ALL WHO SERVED ***	27 10:00 AM—SS CLASSIC®	28	29 10:00 AM—SS CLASSIC®	30	31

MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To sign up for classes, view On Demand Classes, and view the monthly Ring Central password log in to your online portal at: fchcfitness.antis.us OR contact the front desk.		UNLIMITED FITNESS CLASSES AND GYM ACCESS ONLY \$42 A MONTH! <i>OR</i> 10 CLASSES FOR \$50	1 4:30 PM—CIRCUIT STRENGTH	2	3
5 4:30 PM—CARDIO CORE 5:30 PM—CIRCUIT STRENGTH 6:30 PM—YOGA	6	7	8 4:30 PM—CIRCUIT STRENGTH	9	10
12 4:30 PM—CARDIO CORE 5:30 PM—CIRCUIT STRENGTH 6:30 PM—YOGA	13	14	15 4:30 PM—CIRCUIT STRENGTH	16	17
19 4:30 PM—CARDIO CORE 5:30 PM—CIRCUIT STRENGTH 6:30 PM—YOGA	20	21	22 4:30 PM—CIRCUIT STRENGTH	23	24
26  Memorial Day *** HONORING ALL WHO SERVED ***	27	28	29	30	31

ARCHBOLD
RUIHLEY PARK PAVILION