

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 AM—SS CLASSIC®	2	3 10:00 AM—SS CLASSIC®	4	5
7	8 10:00 AM—SS CLASSIC®	9	10 10:00 AM—SS CLASSIC®	11	12
14	15 10:00 AM—SS CLASSIC®	16	17 10:00 AM—SS CLASSIC®	18	19
21	22 10:00 AM—SS CLASSIC®	23	24 10:00 AM—SS CLASSIC®	25	26
28	29 10:00 AM—SS CLASSIC®	30	31 10:00 AM—SS CLASSIC® HAPPY Halloween 	UNLIMITED FITNESS CLASSES AND GYM ACCESS ONLY \$42 A MONTH! OR 10 CLASSES FOR \$50	

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 4:30 PM—CARDIO CORE	3 4:30 PM—CIRCUIT STRENGTH	4	5
7 4:30 PM—CARDIO CORE 5:30 PM—CIRCUIT STRENGTH 6:30 PM—YOGA	8	9 4:30 PM—CARDIO CORE	10 4:30 PM—CIRCUIT STRENGTH	11	12
14 4:30 PM—CARDIO CORE 5:30 PM—CIRCUIT STRENGTH 6:30 PM—YOGA	15	16 4:30 PM—CARDIO CORE	17 4:30 PM—CIRCUIT STRENGTH	18	19
21 4:30 PM—CARDIO CORE 5:30 PM—CIRCUIT STRENGTH 6:30 PM—YOGA	22	23 4:30 PM—CARDIO CORE	24 4:30 PM—CIRCUIT STRENGTH	25	26
28 4:30 PM—CARDIO CORE 5:30 PM—CIRCUIT STRENGTH 6:30 PM—YOGA	29	30 4:30 PM—CARDIO CORE	31 4:30 PM—CIRCUIT STRENGTH 	UNLIMITED FITNESS CLASSES AND GYM ACCESS ONLY \$42 A MONTH! <i>OR</i> 10 CLASSES FOR \$50	

A R C H B O L D
 RUIHLEY PARK PAVILION